

The Upper Functional G.I. Disorder

The Pseudo-ulcer



Ulcer-like symptoms: no G.I. pathology

The patient is convinced it's an ulcer. However, symptoms are not quite typical, and x-ray findings are negative. These findings and the results of additional diagnostic procedures exclude an organic basis for the patient's complaints. A diagnosis of "upper functional gastrointestinal disorder" is made, which is supported by the fact that episodes of painful symptoms coincide with episodes of excessive anxiety, as indicated by the history.

It may be useful to explain to the patient the mechanism by which emotions upset normal G.I. functioning, and thus causing such symptoms as nausea and epigastric pain. In upper functional gastrointestinal disorders, counseling by the primary physician can often help the patient to understand how excessive anxiety may cause flare-ups of G.I. symptoms.

A disproportionate number of patients seen by the general practitioner suffer from functional disorders, as do more than half of those seen by the gastroenterologist. Where milder cases may respond to counsel-

ing alone, if symptoms are severe and disabling to any degree, a suitable regimen may include medication to relieve the symptoms and the excessive anxiety that often provokes these distressing symptoms. In these cases, Librax as an adjunct can greatly contribute to the course of therapy. Its dual action can offer relief of both painful cholinergic and excessive anxiety, because each capsule contains 5 mg chloridazepoxide HCl and 2.5 mg cimetidine HCl. The antianxiety action of Librium® (chlordiazepoxide HCl) makes Librax an effective

An adjunct in anxiety-related upper functional G.I. disorders

Librax®

Each capsule contains 5 mg chloridazepoxide HCl and 2.5 mg cimetidine HCl.

Before prescribing, please consult complete product information, a summary of which follows:

Indications: Symptomatic relief of hypersecretion, hypermotility and anxiety and tension states associated with organic or functional gastrointestinal disorders; as adjunctive therapy in the management of peptic ulcer, gastritis, duodenitis, irritable bowel syndrome, spastic colitis, and mild ulcerative colitis.

Contraindications: Patients with glaucoma; prostatic hypertrophy and benign bladder neck obstruction; known hypersensitivity to chloridazepoxide hydrochloride and/or cimetidine hydrochloride.

Warnings: Caution patients about possible combined effects with alcohol and other CNS depressants. As with all CNS-acting drugs, caution patients against hazardous occupations requiring complete mental alertness (e.g., operating machinery, driving). Though physical and psychological dependence have rarely been reported on recommended doses, use caution in administering Librium (chlordiazepoxide hydrochloride) to known addiction-prone individuals or those who might increase dosage without symptoms (including convulsions, following discontinuation of the drug and similar to those seen with barbiturates) have been reported. Use of any drug is

pregnancy, lactation, or in women of childbearing age requires that its potential benefits be weighed against its possible hazards. As with all anticholinergic drugs, an inhibiting effect on lactation may occur.

Precautions: In elderly and debilitated, limit dosage to smallest effective amount to preclude development of ataxia, drowsiness, and/or confusion (not more than two capsules per day initially). Increase gradually as needed and tolerated. Though generally not recommended, if combination therapy with other psychotropics seems indicated, carefully consider individual pharmacologic effects, particularly in use of potent sedating drugs such as MAO inhibitors and phenothiazines. Observe usual precautions in presence of impaired renal or hepatic function. Paradoxical reactions (e.g., excitement, stimulation and acute rage) have been reported in some patients. Employ usual precautions in treatment of psychiatric cases with evidence of impending depression; suicidal tendencies may be present and protective measures necessary. Variable effects on blood coagulation have been reported; very rarely in patients receiving the drug and oral anticoagulant, causal relationship has not been established clinically.

Adverse Reactions: No side effects or manifestations not seen with either component alone have been reported with Librax. When chloridiazepoxide hydrochloride is used alone, drowsi-

ness, ataxia and confusion may occur, especially in the elderly and debilitated. These are reversible in most instances by proper dosage adjustment. In a few instances, hypotension has been reported. Also encountered are isolated instances of pharyngitis, edema, minor menstrual irregularities, nausea and constipation, extrapyramidal symptoms, increased and decreased libido—all infrequent and generally controlled with dosage reduction; changes in EEG pattern (low-voltage fast activity) may appear during and after treatment; blood dyscrasias (including agranulocytosis), jaundice and hepatic dysfunction have been reported occasionally with chloridiazepoxide hydrochloride, making periodic blood counts advisable during protracted therapy. Adverse effects reported with Librax are typical of all benzodiazepine agents, i.e., dryness of mouth, blurring of vision, urinary incontinence and constipation. Constipation has occurred most often when Librax therapy is combined with other spasmolytics and/or low residue diets.

ROCHE Roche Laboratories Division of Hoffmann-La Roche Inc. Nutley, New Jersey 07110

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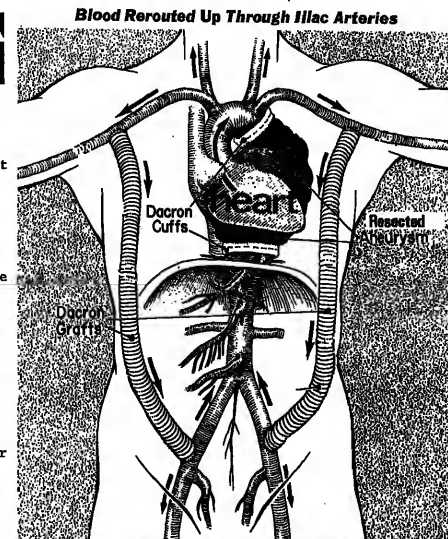
world news of medicine and its practice—fast, accurate, complete

and Medical News—
Wednesday, February 26, 1975

making rounds at press time

PACKAGE INSERTS—FDA will formally propose new guidelines for prescription drug package inserts "in the next few weeks," Dr. Vincent Gagliardi of the Bureau of Drugs told MT. Especially emphasized will be new sections on pregnancy, labor and delivery, and nursing mothers. Stronger warnings are needed in these areas, according to Dr. J. Richard Crout, head of the Bureau of Drugs, due to "great societal neglect" of drug misuses in obstetrics. **THE LOWLY COCKROACH**—will be studied at the Sloan-Kettering Research Center to determine if and why invertebrates are resistant to cancer. Project director Robert S. Anderson, Ph.D., told MT he thinks roaches and other species low on the phylogenetic scale "may synthesize some substance that blocks the action of carcinogens."

BREAST ENLARGEMENTS, face lifts, and 631 other plastic surgery procedures at Portsmouth Naval Hosp. were billed to taxpayers last year, according to Rear Adm Harry Mahin, hospital commander. "In addition to the benefit to the women," he said in a statement, "plastic surgeons need to keep their talents sharp." Spokesman for Rep. Les Aspin commented, "In other words, they don't have anything else to do, so they do it for 'moral' purposes."



To deal with a severe dissecting aortic aneurysm, surgeons at Washington General Hosp. connected subclavian and iliac arteries via Dacron grafts inserted bilaterally just outside the patient's rib cage, clamping off both ends of the aneurysm. The grafts reroute blood up through iliac arteries to organs of the abdomen. The aneurysm was then excised.

Aneurysm Bypass Reverses Abdominal Aorta Blood Flow

By RALPH CUSHAM
Special Tribune Correspondent

WASHINGTON—Surgeons at the Washington Hospital Center have successfully bypassed a severe dissecting aortic aneurysm by means of axillary Dacron iliac grafts that have reversed the direction of the blood flow in the pa-

tient's abdominal aorta. The patient, a 54-year-old local government employee, is back at work and progressing well, according to Dr. Karel Absolon, chief of surgery at Washington Hospital Center.

The procedure was developed hemo-

Position Shift Effective

'Roll-Over' Test Flags High BP Of Pregnancy

By BEN ROSE
Medical Tribune World Series
WINNIPEG, MAN.—Blood pressure readings in the lateral and supine positions are a highly effective way of screening patients for pregnancy-induced hypertension and its complications, it was reported here at the annual meeting of the Royal College of Physicians and Surgeons of Canada.

At the same time it was recommended by Dr. Norman Gant, Associate Professor and co-chairman of Obstetrics and Gynecology, University of Texas, Southwestern Medical Center, Dallas, that all women—young and old—in the highest risk group, primigravidae, should be given such a screening test.

In their experience, Dr. Gant said, the readings have proven 90 per cent accurate in predicting the development of pregnancy-induced hypertension 10 weeks later.

The test—referred to as the "roll over" technique—requires about 15 minutes to establish a base-line reading in the lateral position before the blood pressure is taken in the supine position.

"Not too many doctors want to

Pasteur Institute In Grave Plight; May Quit Paris



Famed Pasteur Institute attracts post-graduate students from all nations, but financial problems place its future in question. See pages 14 and 15.

For Most Serious Infections Only...

Warning Issued on Clindamycin, Lincomycin

By ALAN FITZGIBBON
Special Tribune Correspondent

WASHINGTON—Clindamycin and lincomycin, two widely prescribed antibiotics, may produce hazardous side effects and should not be prescribed for any but the most serious infections, an expert consultative panel of the Food and Drug Administration has warned.

The possible dangers of the two drugs have been widely publicized since mid-January, when the director

of the consumer-oriented Health Research Group here wrote the Commissioner of the Food and Drug Administration that "more than 15" deaths from bloody colitis had occurred following use of clindamycin and that "well over 75 per cent" of clindamycin prescriptions were written to treat minor ailments for which neither it nor lincomycin should be prescribed.

After hearing reports for and against the two antibiotics at its most recent meeting, the F.D.A.'s nine-member

Anti-Infective Agents Advisory Committee concluded that available data do not warrant the removal of the drugs from the market. But it recommended that the F.D.A. strengthen warnings in the labeling and package inserts that accompany the two antibiotics. In addition to noting that their use may produce colitis, as is now done, the labeling should limit use of the drugs to "severe infections against which less toxic antibiotics are

Continued on page 2

C I B

Co-authors were Drs. E. Ciperová and Jaroslava Zezuláková.

EDITORIAL CAPSULES

Comments in current medical and scientific journals.

Needless Diagnostic Tests

"Unfortunately, most of these needless (diagnostic) tests originate in prestigious institutions connected with medical schools. Often they are performed on individual patients for 'academic reasons.' This is certainly a poor excuse for a needless test. Physician educators must strive to teach house staff and students clinical thoughtfulness and not how to squander money and time on needless and possibly dangerous tests. We should critically review all of our examinations. The ordinary white coat can be dangerously misleading when called upon to rule out appendicitis. Simple contrast studies of the upper pouch in esophageal atresia seem harmless enough when performed by a skillful radiologist. However, we frequently see babies sent in from outlying hospitals whose lungs are flooded with contrast material. They are then at greater risk for pulmonary complications. A contrast study of the upper pouch is a lovely thing to show at conferences; however, we should teach our students that a simple P.A. and later film of the chest with a mediopaque catheter is all that is necessary. . . .

"These are only a few of the many unnecessary tests which are being recommended and performed in our teaching hospitals. Unfortunately, the idea soon gets around that not to perform a given test is close to malpractice. Consequently, outlying institutions feel compelled to overuse and rely on them unduly. Now diagnostic tests should be subjected to the same vigorous evaluation as new drug therapy." (Editorial, John G. Raffensperger, *M. D., J. Ped. Surg.* 9:807, Dec., 1974)

Radionuclides Advantages

"The emergence in the past 20 years of nuclear medicine as a distinct clinical discipline has been a major clinical advance. . . . Application of these radionuclide techniques to the study of coronary artery disease has been quite recent. . . . However, realization of the potential usefulness of these techniques has fostered an increasingly productive liaison between the two specialties.

"The potential advantages of these radionuclides in evaluating patients with cardiovascular disease is twofold: first they may permit the noninvasive or atraumatic acquisition of data that might otherwise be obtained only at the time of cardiac catheterization, second, and perhaps more important, they may permit the acquisition of physiologic measurements or observations not attainable by more conventional modes of study. Functionally, these techniques can be divided into those that evaluate cardiac performance and those that evaluate coronary blood flow, regional myocardial perfusion and myocardial viability." (Editorial, Barry L. Zaret, *M. D., Lawrence S. Cohen, M. D., Amer. J. Cardiol.* 35:112, Jan., 1975)

SLEEPING BETTER...

THE BEGINNING OF THE END OF CLINICAL DEPRESSION/ANXIETY

Even before it helps her clinical depression/anxiety, Sinequan® (doxepin HCl) can help her sleep through the night.

The sedative effect of Sinequan usually helps clinically depressed/anxious patients with accompanying sleep disturbances fall asleep more easily, remain asleep, and awaken more rested.

Administering the major portion of the daily dose h.s. generally obviates the use of supplementary hypnotic agents.

The marked anxiolytic property of Sinequan is particularly helpful in relieving apprehension, tension and worry. Optimal antidepressant effect is usually seen two to three weeks after initiation of therapy.

SINEQUAN

DOXEPIN HCl

BRIEF SUMMARY Sinequan® (doxepin HCl) Capsules

Contraindications. Sinequan is contraindicated in individuals who have shown hypersensitivity to the drug.

Sinequan is contraindicated in patients with glaucoma or a tendency to urinary retention.

Warnings. *Use in Pregnancy:* Sinequan has not been studied in the pregnant patient. It should not be used in pregnant women unless, in the judgment of the physician, it is essential for the welfare of the patient, although animal reproductive studies have not resulted in any teratogenic effects.

Use in Children: The use of Sinequan in children under 12 years of age is not recommended, because safe conditions for its use have not been established.

MAO Inhibitors: Serious side effects and even death have been reported following the concomitant use of certain drugs with MAO inhibitors. Therefore, MAO inhibitors should be discontinued at least two weeks prior to the caustic initiation of therapy with Sinequan (doxepin HCl). The exact length of time may vary and is dependent upon the dosage involved.

Precautions. Since drowsiness may occur with the use of this drug, patients should be warned of that possibility and cautioned against driving a car or operating dangerous machinery while taking this drug.

Patients should also be cautioned that their response to alcohol may be potentiated. Since Sinequan is an inhibitor of many enzymes, it may potentiate the effect of many drugs.

Significant improvement has occurred in the early course of therapy.

Although Sinequan (doxepin HCl) is a potent anxiolytic agent, it does not produce the effects of activation or psychomotor stimulation.

Other structurally related tricyclic antidepressants (e.g., imipramine, nortriptyline, amitriptyline) are capable of producing the effects of activation and stimulating compounds in both the animal and human. Sinequan, however, does not show these effects in animals. At the usual clinical dose, 75 to 150 mg. per day, Sinequan is given concomitantly with tranquilizers and related compounds without blocking their sedative effect. At doses of 300 to 600 mg. per day or above, Sinequan does not show significant blocking effect; in addition,

Sinequan (doxepin HCl) was similar to the other structurally related psychotherapeutic agents as regards its ability to potentiate norepinephrine response in the animal. However, in the human this effect was not seen. This is in agreement with the low incidence of the side effect of tachycardia seen clinically.

Adverse Reactions. Anticholinergic Effects: Dry mouth, blurred vision, and constipation have been reported. They are usually mild, and often subside with continued therapy or reduction of dose.

Central Nervous System Effects: Drowsiness has been observed. This usually occurs early in the course of treatment, and tends to disappear as therapy is continued.

Cardiovascular Effects: Tachycardia and hypotension have been reported infrequently. Other infrequently reported side effects include extrapyramidal symptoms, gastrointestinal reactions, secretory effects such as increased sweating, weakness, dizziness, fatigue, weight gain, edema, parosmia, flushing, chills, tinnitus, photophobia, decreased libido, rash, and pruritus.

Dosage: For most patients with illness of mild to moderate severity, a starting dose of 25 mg. i.i.d. is recommended. Dosage may subsequently be increased or decreased at appropriate intervals and according to individual responses. The usual optimum dose range is 75 mg./day to 150 mg./day.

In more severely ill patients an initial dose of 50 mg. i.i.d. may be required with subsequent gradual increase to 300 mg./day if necessary. Additional therapeutic effect is rarely to be obtained by exceeding a dose of 300 mg./day.

In patients with very mild symptomatology or emotional symptoms accompanying organic disease, lower doses may suffice. Some of these patients have been controlled on doses as low as 25-50 mg./day.

Although optimal antidepressant response may not be evident for two to three weeks, anticholinergic activity is rapidly apparent.

Supply: Sinequan (doxepin HCl) is available as capsules containing doxepin HCl equivalent to 10 mg., 25 mg., 50 mg., and 100 mg. of doxepin in bottles of 100, 1,000, and unit-dose packages of 100 (10x10x10).

More detailed professional information available on request.

LABORATORIES DIVISION
1974, PMS Inc.

Marmoset Ban Said to Hamper Virus Research

By James Maguire

Medical Tribune World Service

MILAN, ITALY—A conservationist embargo on exports of marmosets from countries in South America is hampering research on hepatitis A and certain cancer tumor viruses, Dr. Frank T. Perkins, president of the International Association of Biological Standardization, warned here. The ban has come at a time when research progress has brought a vastly expanded need for the animals.

Until recently, the United States imported a few thousand a year. Now the supply has been cut off completely while the demand has jumped several fold.

World requirements for the animals now estimated at 50,000 annually, but early last year the countries of the Upper Colombia Basin—Brazil, Peru, and Colombia—banned all exports. Only a handful of laboratories in the United States are breeding them in captivity. The crunch has come during the past four or five months, and investigators at a viral hepatitis symposium of the International Association of Biological Standardization here made a plea for a supply of the small primates.

"As it is, the ban is serving neither conservation nor scientific research," said Dr. Perkins. "The animals are now being smuggled out of South America under such conditions that most of them are either dead or dying by the time they reach the black market in Europe, where dealers are offering them for about \$100 per animal."

Breeding Called the Answer

Breeding marmosets is the only realistic answer to the problem, according to Dr. Friedrich Deinhardt, of the department of microbiology at Rush-Presbyterian-St. Luke's Medical Center in Chicago. "We saw this coming and have been trying to convince interested scientists to begin for the past 10 years."

The laboratory at Rush-Presbyterian began breeding marmosets in 1961 and now produces some 300 animals a year. But there are none to spare since the laboratory's own needs outstrip this supply.

"We started to use them for tumor virus research, but the insignificant numbers," Dr. Deinhardt told Medical Tribune, "The number needed increased considerably when it was shown that marmosets are susceptible to hepatitis A, in addition to six different tumor viruses, including one possible human tumor virus. They are also susceptible to slow viruses. And marmosets are really the only or the best model."

Earlier attempts to transmit hepatitis A or B to chimpanzees produced equivocal results, he noted, due to the fact that they often pick up hepatitis from man after capture, get a subclinical infection, and develop immunity before laboratory experiments can begin. In addition, they are costly to breed in captivity in comparison with marmosets.

Leadership is authoritative

Literally hundreds of the best minds in medicine authoritatively answer the questions of Medical Tribune readers through the "In Consultation" series. Photographs of some who have contributed recently appear on this page. Throughout the world over 500,000 doctors get the medical news first, fully and accurately through Medical Tribune.



Medical Tribune is distributed to almost 170,000 American doctors in private practice.

Hospital Tribune is distributed to 141,000 physicians associated with hospital and university centers.

Separately staffed editions of Medical Tribune in London, Paris, Wiesbaden and Tokyo reach approximately 225,000 doctors.

Wednesday, February 26, 1975

MEDICAL TRIBUNE

Colon Polyps Are Removed During Fiberscope Studies

Medical Tribune World Service

MEXICO CITY—In 1,523 colonoscopic examinations with the fiberoptic endoscope at the University of Erlangen-Nuremberg, West Germany, the primary diagnostic procedure was at the same time a therapeutic one in 226 cases.

These included the electrosurgical removal of polypoid lesions, the extraction of foreign bodies, the removal of nonabsorbable suture material, treatment with injections, electrocoagulation, and partial electroresection of inoperable malignant tumors.

"The removal of polyps with the high-frequency diathermy snare must today be considered the method of choice," Dr. Peter Frithmorgen told the Third International Congress of Gastrointestinal Endoscopy here.

"Compared with the more time-consuming and personnel-intensive surgical method, it represents a less stressful and risky method for the patient. When invasive carcinoma has been excluded by the workup, this primarily diagnostic procedure represents a therapeutic measure, as it also does in the case of bleeding or invagination-prone polyps."

222 Polypoid Lesions Removed

A total of 222 polypoid lesions were removed by this method. An open snare that can be turned through about 120° was developed for the removal of larger pedunculated or multilobed polyps. With this instrument, the size and form of the head of the polyp no longer represents a limiting factor for resection, Dr. Frithmorgen said.

He stressed that not biopsy but only complete removal and histologic examination of the polypoid lesion can provide the necessary information on biological nature.

Other procedures carried out by the West German team with the one- or two-channel endoscope were:

- Recovery of a transintestinal tube incarcerated in the upper sigmoid colon, as well as the pellet-filled guide, with the aid of a hook fixed to the tip of a flexible tube introduced through the instrument channel of a colonoscope.

- Removal of nonabsorbable suture material observed to be invading the intestinal lumen of about 10 per cent of all patients examined postoperatively. When a suture could not be removed with the biopsy forceps, it was first divided with the aid of a special high-frequency diathermy probe and then removed with the forceps.

- Sclerosing by injection for the first time of solitary vascular hamartomas in the caecum and transverse colon through the use of an injection cannula located at the tip of a flexible Teflon tube introduced through the instrument channel.

Hilbert, Dr. Frithmorgen said, injections performed with the aid of the endoscope were limited to the local treatment of gastric ulcers or early carcinomas. However, the new procedure was successful only in individual cases, and because of the danger of artificially induced bleeding and the frequent necessity of repeated injection, it was decided to manage these lesions by electrocoagulation.

Electrocoagulation of hemangiomas with the use of a flexible coagulation probe in a patient with recurrent intestinal hemorrhages of 10 years' standing unsuccessfully treated by injection. The patient has been symptom-free for two years.

A hemangioma in the caecum of another patient was sclerosed during the phase of acute hemorrhage, averting laparotomy.

Nevertheless, because of the danger of perforation the procedure was not considered to have reached the stage of general clinical application.

- Partial electroresection and coagu-

Identifying Candidates for Fatal Attack



It is now possible to identify persons most likely to die from a sudden heart attack, according to Dr. Charles Oliver, of Washington University, by using a portable heart-monitoring device and a small IBM computer to pick up premature ventricular contractions usually given off before a sudden and fatal heart attack. Superimposed here is an abnormal heart "thump" identified with arrow and V by computer. Lower tracing shows normal heart beats.

lation of inoperable malignant tumors by use of the high-frequency diathermy snare, a palliative measure, was considered to be of probable utility in the prevention of ileus and in the treatment of bleeding from carcinomas.

Testosterone Link To Sex Activity Uncertain

By FRANCES GOODNIGHT

Medical Tribune Staff

NEW YORK—A study of 12 heterosexual couples has shown that sexual activity including intercourse does not necessarily produce an increase in the plasma testosterone levels of either man or woman, Dr. Robert C. Kolodny of St. Louis reported here.

Dr. Kolodny, who directs the endocrine research section of the Reproductive Biology Research Foundation, said the study also showed no correlation between the "intensity of the orgasmic experience" as described by either partner and any change in testosterone level.

The first finding differs from observations on animals since castral stimulation causes levels of this hormone to rise in such diverse species as the rabbit, bull, and rhesus monkey, Dr. Kolodny told the annual meeting of the American Association for the Advancement of Science.

Participants in the human study were volunteers—not patients—and did not have any form of sexual dysfunction, the investigator noted. Furthermore,

the sexual activity took place in the privacy of the couples' homes. They drew their own blood samples, approximately 30 minutes before the start of sexual activity, immediately prior to coitus, and within one minute following orgasm.

One-third of the men demonstrated a 20 to 50 per cent increase in circulating testosterone levels in association with orgasm "on a very consistent basis," Dr. Kolodny said. Yet at the same point in sexual activity other men showed little change or even a slight decrease in testosterone.

Sexual play, with or without intercourse not leading to orgasm, did not produce significant increases in testosterone levels. Masturbatory activity (self-stimulation or partner-stimulation) that led to orgasm caused only minor increases.

The reported intensity of the orgasmic experience was unrelated with change in plasma testosterone, and no clear-cut preceding peak in testosterone levels was observed before a testosterone rise.

The men showed no consistently

seen change in any of the endocrine measures during a week-long abstinence from sexual activity, Dr. Kolodny continued. But findings from a separate study suggest "that longer periods of sexual abstinence—combined with anticipation of resuming sexual activity—may produce increases in testosterone levels in men."

Women Less Consistent

The women among the volunteer couples had less consistent increases of circulating testosterone levels in association with orgasm than did the men, Dr. Kolodny said, but those who showed increases did so by much higher percentages.

As with the men, there was no correlation between endocrine change and the reported intensity of orgasmic experience. There was also no association between the phase of the menstrual cycle and the endocrine response to sexual activity of either the male or female partner.

Discussing the possible effects of high and low levels of testosterone, Dr. Kolodny emphasized that "biologic

factors are usually secondary in importance to psychosocial ones in human sexual behavior."

He pointed out, however, that androgen is a major biologic determinant of libido. Women who have undergone bilateral adrenalectomy "frequently report diminished interest in sex and decreased sexual responsiveness" and the human male without adequate androgen support "typically reports both a lowered interest in sex and decreased effectiveness in his sexual functioning."

If men with such symptoms have testosterone levels that can be documented as subnormal, he commented, adequate replacement of the hormone will often relieve the problem even though "psychological counseling may be required" to help the patients deal with fears and feelings of inadequacy that developed because of the impotence.

Dr. Kolodny said that studies made at the St. Louis research center of more than 300 impotent men have shown that testosterone levels in impotence are usually normal unless an organic process affecting the endocrine system in present or unless there is drug-induced impotence.

LIBA Pharmaceutical Company
Division of CIBA GEIGY Corporation
Summit, New Jersey 07901

I would feel that a pilot study showing that the quality of medical care would be improved be done prior to the requirement for recertification. Also, I would feel that the Diplomates of the various boards, not the executives, should be responsible for the program against mandatory recertification and recertification by examination at its annual meeting in 1969, but the principle of recertification, provided it is done through continuing education, is quite acceptable." —Ed.

Aneurysm Bypass Reverses Flow in Aorta

Continued from page 1
dynamically in the Center's laboratories, Dr. Absolon said, but last April 24 marked the first time—to the best of his knowledge—that it had been performed successfully in a clinical setting.

Aneurysm Ruptures

Dr. Absolon said the patient had had a type 3 dissecting aneurysm for some time. Months of antihypertensive therapy had failed to control his blood pressure.

"Then," Dr. Absolon said, "the proximal component of the dissection enlarged and finally ruptured. Fluid aspirated from the chest was bloody."

"While this was happening he went into renal shutdown and lost consciousness, probably from interference with the carotid blood circulation," he added. "While he was on dialysis there was probably no extension of the dissection."

"In addition, he also had some congenitally," he said.

The situation was "ominous," Dr. Absolon said, and according to a literature search, no patient who had dissected while on dialysis had survived.

Because of the patient's condition, Dr. Absolon and his colleagues were reluctant to put him on a heart lung machine and proceed with a routine excision of the dissection and replacement with a Dacron graft.

"We decided to go ahead with the procedure we had developed hemodynamically in the laboratory," Dr.

Absolon said. This involved putting in an aortic bypass graft and measuring the pressure and flow through the graft.

"The rather bothersome thing was that several papers in the literature stated that if you put a graft like this in the aorta, it retrograde perfuses the viscera and produces many problems," he said. "This did not make any sense, however, because our flow and pressure measurements did not indicate such an effect."

The Hospital Center team then connected the subclavian and iliac arteries with 20-inch Dacron grafts inserted bilaterally just outside the patient's rib cage. When both ends of the aneurysm were clamped off, the Dacron grafts took over the circulation and reconnected

the blood up through the iliacs to feed the organs of the abdomen. The aneurysm was then excised. The normal aorta measured 2.5 cm. in diameter, so that they at 1.2 cm. diameter each would have the same capacity as the original aorta. The blood flow through the grafts was 1.5 l./min. and the pressure was 100 mm. Hg.

"The patient responded very well," Dr. Absolon said. "He was able to eat and his blood pressure returned to normal without treatment."

Value in Specific Circumstances

Dr. Absolon said the patient's condition was now an example of a procedure for his peripheral vascular disease.

Dr. Absolon said he would not be proceeding as a primary procedure but that it has value in specific circumstances.

This might include patients with a bypass, a central aneurysm, or patients with congenital defects, he said. "The aortic dissection would be large with a graft that had become large or a patient who has an aneurysm as well as a graft, which would indicate placement of a second graft."

"Other indications might be aortic aneurysm in the presence of infection, a pseudoaneurysm following a trauma, and perhaps some cases of extensive coarctation of the aorta," he said.

Dr. Absolon's paper on the procedure was scheduled for publication in the February issue of *Surgery*.

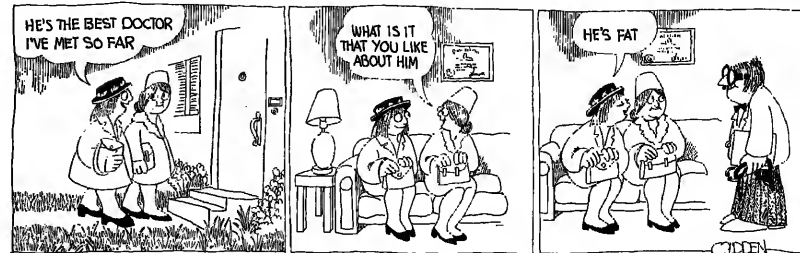
'Most Courageous'



Pittsburgh Steelers running back Rocky Bleier, who was wounded in Vietnam and had two leg operations, with the possibility that he might never again walk normally, was honored by the Pittsburgh Sports Writers Association as the Most Courageous Athlete of 1974.

Wednesday, February 26, 1975

Clinical Trials



Drug Therapy May Remedy An Intracellular Heart Defect

Medical Tribune Report

MARCO ISLAND, FLA.—A strong possibility for a drug therapy to remedy an intracellular defect in diseased heart muscle is emerging from some systematic studies of the molecular activity that occurs when such a muscle cell contracts and relaxes, according to a report here by Arnold Schwartz, Ph.D., Professor of Cell Biophysics at the Baylor College of Medicine.

The key to heart muscle cell contraction and relaxation—the link between the electrical and mechanical processes—is the charged calcium ion, Ca^{++} . At the cell sarcolemma, Dr. Schwartz told the American Heart Association's Second Science Writers Forum here, Ca^{++} serves to "open up" a specific site on the actin molecule, which triggers a yet unknown force-generating mechanism between the actin and myosin—and causes contraction.

Very Active 'Relaxation'

"Relaxation" of the cell is not what the word implies, Dr. Schwartz said. It is a "very active process" in which the cell's sarcoplasmic reticulum "pulls calcium away" from the site it occupied to trigger contraction. During the heyday of heart transplantation at Baylor, Dr. Schwartz and colleagues minutely examined 35 diseased hearts removed from transplant patients. In all of them, regardless of the causes of the disease, the investigators found a specific defect in the heart cell sarcoplasmic reticulum. The only other common characteristic of the hearts was that they were deficient in pumping ability.

Since then, Dr. Schwartz and associates have been working with dogs in an effort to mimic the failures of the heart muscle cell transport system. Following a lead furnished by Dr. Burton Pressman of the University of Miami, they have been using an experimental antibiotic, RD 2-2985, which is an "ionophore" that has an affinity for such ions as calcium and can move them across membranes.

In dogs pre-treated with the drug and then having coronary artery ligation and induced infarction, the pumping action of the heart is not nearly so decreased as it is in untreated animals, Dr. Schwartz said. If this drug or derivatives of it prove suitably non-toxic, he said, there seems to be a potential for its "extreme value" in warding off

cardiogenic shock associated with infarction, and possibly for supporting the diseased heart with chronically flagging contractility.

Hypercholesterolemia

A drug intervention in the deranged metabolic process associated with familial hypercholesterolemia appears possible from results of an investigation at the University of Texas Southwestern Medical School at Dallas—if the phenomenon seen in human cell cultures can be reproduced in vivo.

Dr. Joseph L. Goldstein, head of the school's Division of Medical Genetics, reported here that the work had disclosed a specific receptor site on the surface of cultured normal fibroblasts that binds low-density lipoproteins, which contain cholesterol in its physiologic form. When cholesterol moves into the cell, it causes a rapid decline in enzyme activity that the cell normally uses for its own biosynthesis of cholesterol and shuts off the intracellular production of it.

But in cells from patients with familial hypercholesterolemia, the binding site for low-density lipoproteins is faulty; the cells continue to produce cholesterol no matter how much of it may be outside.

Egyptian Soldiers in Israeli Hospital Found to Excel in Wound Recovery

Medical Tribune World Service

TEL AVIV.—The Egyptian soldier resists infections better than the Israeli, recovers faster from his wounds, and suffers fewer complications, according to a study performed following the Yom Kippur War.

The investigators were physicians at the Sackler School of Medicine of Tel Aviv University and the Assaf Harod Hospital, near here. Their conclusions were published in *Harefuah*, the journal of the Israel Medical Association. The study dealt with 372 Israeli soldiers and 118 Egyptian prisoners of war. The two groups were similar in age and received similar treatment for similar wounds from same doctors.

One difference, however, that gives a partial explanation for the findings, the investigators said, was the fact that the Israeli soldiers had mostly re-

ceived first-aid treatment shortly after being hit and were hospitalized within six to eight hours whereas the Egyptians had mostly received no or inadequate first aid and were hospitalized one or two days after being hit.

Thus, the report said the wounded Egyptians who lived long enough to be picked up by their captors, while many of their comrades died, were a selected population exemplifying the principle of the survival of the fittest.

The hypertension may lead to eclampsia, grand mal seizures, and to severe growth retardation of the fetus, he said. In fact, he added, the fetus should be referred to as the second patient.

"If we have beds, we admit such patients for rest; if we have no beds we watch them carefully as outpatients. Many of them get to term and then develop hypertension, while others get to the 36th week and then we deliver them. Those who do not develop the hypertension early on are the ones most at risk."

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Can Modify Eclampsia
"Eclampsia is a chronic disease which develops many weeks before we can measure the changes with a blood pressure cuff. In many patients the changes occur 14 to 16 weeks before the development of hypertension. But if we can detect the disease we can modify it with rest," Dr. Gant said.

Medication to bring the mother's blood pressure down is not appropriate, he said, because the reduced blood flow reduces the functional placental reserve for the baby.

Greek Infant Death Rate

Medical Tribune World Service

ATHENS.—The death rate of infants (0-11 months) in Greece is now 30 per thousand as against 38 per thousand 10 years ago, but is still high in comparison to other developed European countries, according to Dr. Christos Kassimos, of Salonika University.

'Roll-Over' Test Flags High BP Of Pregnancy

Continued from page 1
stand around for 15 minutes, they would rather take a blood sample and send it off to the lab, so we wound up with our nurses doing it," Dr. Gant said.

If the diastolic pressure rises more than 20 mm. Hg. above the constant base-line reading, the patient has a 90 per cent chance of developing hypertension, he said.

'Little We Can Do'

"Please don't make me out as a zealot for this screening test," Dr. Gant told a press conference later. "There is little we can do for them except lower their physical activity. If I had a drug to give them, I would demand that every physician give the test, but I don't have a drug." However, he did advocate the test for pregnant teenagers, who with an incidence of 20 to 25 per cent, represent the highest risk group. It should be done between the 28th and 32nd week, he said.

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Now, for both aspects of constipation



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Senokot S
(standardized senna concentrate
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Tablets
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a classic stool softener

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محلول السنا

Pasteur Institute in Deep Financial Trouble

By JAMES MAGEE

Medical Tribune World Service

PARIS—The famed Pasteur Institute, source of medical research that has earned eight Nobel prizes and a world resource in the understanding and treatment of infectious diseases, is in deep financial trouble.

Traditionally 70-80 per cent self-supporting, but with an increasing operating deficit and outmoded and crowded facilities, the Institute faces the need for greatly increased Government financial support; so desperate is the situation, in fact, that it is seriously contemplating selling its present site and moving out of Paris.

In 1973 Institute director Jacques Monod, Sc.D., drew public attention to the difficulties facing the research center, as it headed into its sixth consecutive year of worsening finances.

See One Man and Medicine, pg. 18

"If we are to survive, then we must accept the fact that we have to become more and more dependent on state aid," Henri Perrier, the Institute's principal spokesman, told the MEDICAL TRIBUNE here. "At present state help amounts to about 20-30 per cent of our income. If we are to keep going, this assistance will have to be virtually doubled."



Mass fermentation produces a wide range of vaccines, including BCG, cholera, malaria, typhoid, and flu, as well as antitoxins for diphtheria, tetanus, botulism, and staphylococcus.

In the end it will be Madame Simone Veil, France's tough-minded new Minister of Health, who will decide. But first she has called for information, and the whole Pasteur organization is being reviewed by Government experts. At the same time the scientists and managers on the staff are being interviewed, and their reactions and suggestions recorded for later analysis.

Buildings Outdated

But there is more to the problem than the present working deficit. An old print of the inauguration of the Pasteur Institute in 1888 shows women walking in the grounds of the main building. The sabers have vanished, and the bustles have given way to button-hugging blue jeans, but the central buildings remain unaltered by the passage of almost a century.

Grouped tightly around the central campus are a jumble of other buildings of varying architectural styles, from French neo-classic to the glass and steel of the recently-constructed molecular biology wing.

Many of the laboratories built in 1887 are still in use today, and there have been warnings that some of the older installations are getting positively dangerous. The galleries and glazed roof sections of the chemistry building

are weak, and the maze of ancient piping that brings electricity, gas, and water through the labs has been described as a plumber's nightmare.

This has evidently not affected the work of the Institute, and Dr. Monod himself carried out most of his Nobel prize-winning research in an attic. But, as Mr. Perrier points out, there must finally be an end to improvisation. If the Pasteur tradition of scientific achievement is to be maintained, the research staff must have buildings and equipment adapted to modern needs. Room must also be found for a projected 20 per cent increase in research staff, particularly in the departments of immunology and virology.

According to staff consensus, there are only two solutions—either to tear down and rebuild on the present site, or pull out of Paris altogether.

Some Want Mediterranean Site

For some of the younger scientists, nostalgic for the academic centers of the U.S. West Coast, this would be a good time to create a French Berkeley or Stanford on the Mediterranean coast. Why not put the Pasteur Institute down near Antibes, for example, and use it as a magnet to draw other research centers away from the domination of Paris?

But in the eyes of the Institute's governing board, such concepts are far from simple. The French have come to signify anything important. Some powerful scientists, including Monod's co-Nobelist Dr. Francois Jacob, want to demolish and rebuild on the Paris site. They point out that it is hallowed ground, with Pasteur's apartment and his tomb part of the central building. Furthermore, it is within walking distance of the main Paris hospitals, which facilitates research contacts and training.

Architects retained by the Institute estimate that the work would take at least six years, would cost some 150,000,000 francs (about \$30,000,000), and create huge difficulties in maintaining research activities. Considerations of this kind are already holding up the construction of a new department of immunology, for which the Institute received a donation of 10,000,000 francs from the Rayne Foundation in London in 1971.

Monod Would Rebuild at Garches

Dr. Monod's idea is that the Institute should sell its real estate, which he calculates is worth 220-240,000,000 francs. He would use 150-160,000,000 to rebuild at Garches, a location 10 miles outside Paris where the Institute already has some buildings. There would still be enough left over to wipe out the debt burden, calculated to reach around 70,000,000 by 1977.

For some, the idea hints of sacrifice. But Dr. Monod points out that in fact Pasteur died at Garches, and a Pasteur museum could be constructed there. To objections that it is outside the city, he answers that it is only 10 miles away. In any case, the Pasteur vaccination center would remain in Paris, for practical reasons, and could be the nucleus for a Pasteur memorial.

There are still some snags. "We cannot be certain that the Paris City



Pasteur in his laboratory.

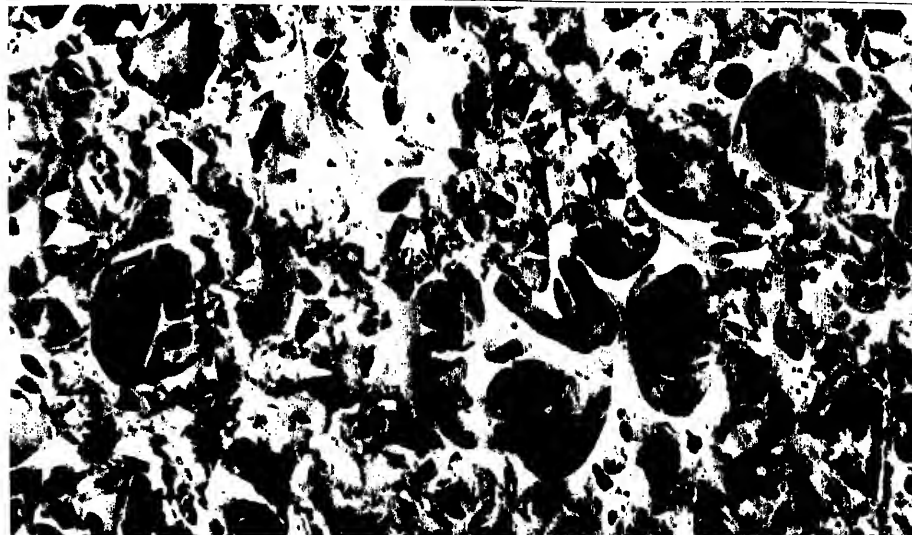
Council will allow rebuilding on a site if we sold it," Mr. Perrier chides. "They might insist on making it great space, with the Pasteur house the center. If that was their desire the real estate would fall to a value only about 60-80,000,000 francs and we would still face major financial difficulties."

Another drawback is that the site at Garches does not belong to the Institute. It is in fact on loan from the Ministry of Education (an arrangement made with Pasteur in 1884), so official permission might not be forthcoming for construction on the site.

Dr. Monod submitted his plan to the governing board of the Institute last October, and although they did not give the green light, they did give him the go-ahead to give it further study and to seek more information. No one so far has come up with an alternative, short of huge subsidy from the Government.



Germfree mouse raised at the Institute.



Portion of normal human lung shown by scanning electron microscope.

Emphysema—Fastest Growing Cause of Death

EMPHYSEMA, the most rapidly increasing cause of death in the United States, is now the third leading cause of death from respiratory disease. Emphysema

takes many forms. When considered together with chronic bronchitis, the two are referred to as chronic obstructive pulmonary disease. Both emphysema and chronic bronchitis produce breathlessness, cough, and increased susceptibility to respiratory failure and death. Chronic obstructive pulmonary disease attacks middle-aged men and women and is particularly common in smokers. It is now believed that early abnormalities (physiologic and biochemical) related to em-

physema and chronic bronchitis may be detected at a stage when lung damage is still reversible.

A new and promising method—measurement of closing volume—has been developed for the early detection of changes in lung function and structure that appear to be the first signs of chronic pulmonary disease. It is presently believed that in persons with abnormal closing volume measurements but with otherwise normal lung function tests, the progression of disease may be reversed and disability prevented with proper treatment and the cessation of smoking.

Human lung with emphysema.



One Man...and Medicine

ARTHUR M. SACKLER, M.D.,
Internist, Medical Tribune



The Vicissitudes of the Pasteur Institute

ON MY FIRST trip to France in 1949, I made a pilgrimage to the birthplace of Claude Bernard. I was moved to establish it as a shrine to the mind of man, scientific meetings and in personal contacts I've met so many great French scientists that I became a scientific Francophile. Today, it is with deep sadness that I observe the vicissitudes of the organization which commemorates the achievements of another of France's and one of the world's greatest scientists, the Pasteur Institute.

The founding of the Pasteur Institute came upon a wave of public appreciation for a philosophy, for Pasteur, service to industry in the manufacture of wine and vinegar, the salvage of vericulture and aid to farmers to protect their flocks against anthrax and chicken cholera were not simple, menial commercial tasks but scientific levers of opportunity in the contest between the forces of destruction and those of "peace, work and health."

Origins of Institute

Pasteur did not derivate the daily efforts of winners and farmers whose profits and produce he sought to protect. His dedication to industry and agriculture, rather than impeding, actually aided his penetrating genius to "enlarge the frontiers of life." He opposed the "law of blood and death" which "sacrifices hundreds of thousands of lives to the ambition of a single individual." It was commendable, in fact absolutely natural, that the Institute which was to honor his name would rise from blueprints contributed by French workers who gave generously of their time while men and women of all nations made monetary contributions.

Since its founding, following Pasteur's appeal at a meeting of the French National Academy for an independent institute, the Pasteur Institute's activities have exemplified its founder's credo that science should be independent of bureaucracy, governments or educational, and that there is no dichotomy between basic and pure research but that fundamental medical investigations must be inextricably linked with the practical task of the conquest of disease. As a result, a unique scientific institute evolved on site in Paris. Here, on the Left Bank, a staff of over 2,000 carry on research at the highest levels, run a hundred-bed hospital and in their laboratories and hundred thousand volume science library give post-graduate training to over 300 fellows from throughout the world. The Institute is much more than a simple memorial to a great scientist, more than a museum housing Pasteur's notebooks, his original laboratory and even his living quarters over it. It is more than a scientific shrine in which a great scientist is entombed in its mar-

Institute as the most blunt industrial executive.

Jacques Monod forthrightly faces a tragic irony. At a time of epochal achievement and upon the verge of major breakthroughs, the fiscal viability and therefore the independence of the Pasteur Institute is being sapped. It is a bad time. The "gunnery angels" of Pasteur's memory can provide little help. Science confronts a growing anti-science. Here becomes hostage to fear and both Faith and Charity are derided by men of little faith and less charity.

The survival of the Pasteur Institute and its rebuilding, its independence from governmental bureaucracy and its continuing ability to put basic sciences at the service of man now rest in the hands of one man. The director of the Institute is, in his genius and intelligence, in his boldness and innovation, in his basic philosophy and his ability to articulate it, a worthy heir to the man who gave his name to what has become a glory of France and of the world of science.

Next week *One Man and Medicine* will explore the philosophy of the Institute and how changing times threaten it, and some of the thinking behind the plans for its preservation.

bio and oryx memorial chapel protected by the mosaic angels—Science, Faith, Hope and Charity.

In the 80 years since Pasteur's death his Institute has been a living fulfillment of his dream of research and service. Pasteur's own research on rabies and anthrax and those of his successors on tuberculosis, diphtheria, yellow fever, tetanus and viruses have been and are to their production and distribution so that since Pasteur's day more and more nations not only in Europe but in Africa as well have been assured that the Pasteur Institute know-how would be available in reliable preparations for the fight against disease.

The Pasteur Institute has been permeated not only by the physical "presence" of the founder and his laboratory but more importantly by his philosophy. That the eminent researchers who are Pasteur's scientific heirs have added most significantly to the Institute's and France's scientific glory is reflected in the Nobel prizes awarded to eight of them.

Pasteur's Chief Today

Today, the Pasteur Institute is appropriately headed by a man in Pasteur's own mold—Nobel laureate Jacques Monod, scientist, brilliant philosopher, activist, and author. I always find Monod as charming as he is fascinating and a most thoughtful and considerate host. His gentle manner cloaks a probing, tangling mind.

This handsome, young 63-year-old biologist is relaxed and very much at home in his beautiful Paris apartment; as comfortable in expressing himself in music, and the arts, both European and Oriental, as in technical discussions, and as frank and candid in examining the current problems of the

EPICRAMS: Claude and Otherwise

No physician, insofar as he is a physician, considers his own good in what he prescribes; but the good of his patient; for the true physician is also a ruler having the human body as a subject, and is not a mere money-maker.

Plato (c. 428-348 B.C.),
The Republic

Medicine on Stamps

Hammurabi



Probably the earliest record of ear therapy is to be found in the Babylonian Code of Hammurabi (c. 1900 B.C.) in which there are indications of legal establishment of fees and of punishment for malpractice or failure to cure. For example, for the successful removal of an abscess the doctor was paid 10 shekels of silver. If he destroyed the eye during the operation he could lose his fingers.

Stamp: Minhas Publications, Inc., New York

US Drug Approval System Repressive, Says Lasagna

Medical Tribune World Service

TORONTO—The system of drug approval in United States is overrepressive and overly repressive, Dr. Louis Lasagna, Professor of Pharmacology and Toxicology, School of Medicine and Dentistry, University of Rochester, told an international conference here on "Prescription Drugs and the Patient's Health."

"The drug approving agencies lag dreadfully behind the practicing physician," he said. "We find drugs being used—and quite properly—for uses not intended at time of initial approval, to validate clinical experience of the clinician weighs so little in the scale. Physicians to be sure are not always right, but they are not always wrong. We should be able to use their clinical experience better than we are now doing."

Dr. Lasagna said the bulk of adverse reactions are not from new drugs, but from older, well established drugs which are not promoted with great zeal by the drug industry.

Among problems to be solved, he said, are the questions of how much evidence is enough, who shall judge the evidence, and the need to define safety and efficacy properly.

"We should make better use of foreign data. There is no need to repeat animal experiments, to go on endlessly in country after country."

He said a new drug cannot be tested properly, before marketing. "Before usually working on homogeneous population of other drugs in the act, and then when the drug is released it is suddenly used by non-experts in a heterogeneous population, often in out-

patients with other drugs in the use." He stressed the need for formal post-marketing surveillance. "If we can guarantee post-marketing surveillance of high quality, then we can argue quite rationally for a speedier approval procedure." He also argued that drug education is inadequate. "I find that our patients in Rochester are quite interested in getting information on drugs from either the doctor or pharmacist, or from labels or specific inserts for patients."

Dr. Lasagna said drug information should be declassified and the decision-making process on approvals opened to scrutiny.

"In the United States, one of the big troubles for most of us is that the interaction between industrial sponsor and the federal bureaucracy goes on behind closed doors. We hear from one side or the other about deficiencies on the other side, but it is impossible for us to make any judgments as to whether the bureaucrats are right and the industrialist wrong, or vice versa."

The Right to Prescribe

Since doctors are morally and legally responsible for any prescriptions they write for patients, they should have unfettered rights to prescribe drugs of their choice, said Dr. Bettie Stephenson, Toronto, president of the Canadian Medical Association, and a general practitioner in a Toronto suburb.

Dr. Stephenson said family physicians in Canada write two-thirds of all prescriptions and only a minority are prescribing for an irresponsible way. She called for surveillance by provincial licensing bodies of any physician suspected of this practice and for strict disciplinary measures where it is proven.

Ritalin® (methylphenidate hydrochloride)

TABLETS

INDICATION
Minimal Brain Dysfunction in Children
as an adjunctive therapy to other remedial measures (psychological, educational, and social).
Local Diagnostic Considerations
Specific therapy of Minimal Brain Dysfunction (MBD) is unknown, and there is no single diagnostic test. Adequate

diagnosis requires the use not only of medical but of special psychological, educational, and social resources. Characteristics commonly reported in children with MBD are: hyperactivity, impulsivity, emotional lability, inactivity, and motor restlessness. Appropriate educational placement is essential and psychological therapy is generally necessary. When remedial measures alone are insufficient, the physician to prescribe Ritalin medication will depend upon the physician's assessment of the chronicity and severity of the child's symptoms.

Drug treatment is not indicated for all children with MBD. Stimulants are not intended for use in the child who has chronic illness, who has severe emotional factors and/or primary psychiatric disorders, including chronic psychosis. Appropriate educational placement is essential and psychological therapy is generally necessary. When remedial measures alone are insufficient, the physician to prescribe Ritalin medication will depend upon the physician's assessment of the chronicity and severity of the child's symptoms.

CONTRAINDICATIONS
Marked anxiety, tension, and agitation, since Ritalin may aggravate these symptoms. It is contraindicated in patients known to be hypersensitive to the drug. **WARNINGS**
Ritalin should not be used in children under 6 years of age. Safety and efficacy in this age group have not been established. Data on safety and efficacy of Ritalin in children with MBD are not yet available.

Although a causal relationship has not been established, depression of growth has been reported with long-term use of stimulants in children. Ritalin should not be used for average children requiring long-term therapy unless the physician is convinced of the origin or for its prevention. Ritalin may lower the convulsive threshold in patients with epilepsy. Seizures with or without prior EEG abnormalities in patients with epilepsy. Seizures with or without prior EEG abnormalities in patients with epilepsy. Seizures with or without prior EEG abnormalities in patients with epilepsy.

May enhance other remedial efforts in treating MBD

ONLY WHEN MEDICATION IS INDICATED

Ritalin® (methylphenidate)



Drug Dependence
Ritalin should be given cautiously to children with a history of drug dependence or abuse. In such cases, such patients may increase dosage of Ritalin to obtain desired effect. Chronically excessive use can lead to marked tolerance and physical dependence with varying degrees of abnormal behavior. Ritalin abuse is not infrequently associated with other psychotropic drugs. Caution is required during drug withdrawal, since severe depression as well as the effects of chronic overuse may be required because of the patient's basic personality disturbances.

PRECAUTIONS
Patients on an element of agitation may react adversely; discontinue therapy if Ritalin causes a prolonged therapy. **ADVERSE REACTIONS**
Nervousness and insomnia are the most common side effects of Ritalin therapy. They are usually controlled by reducing dosage and by giving the drug in the morning. Other reactions include: hyperactivity, irritability, anorexia, weight loss, fever, vertigo, exfoliative dermatitis, erythema multiforme, allergic reactions, including anaphylaxis, vasculitis, and thrombocytopenic purpura. Headache, nausea, dizziness, palpitations, tachycardia, and changes in blood pressure and pulse changes, both up and down, have been reported. In some cases, tachycardia and palpitations have been reported. In some cases, tachycardia and palpitations have been reported.

DOSE AND ADMINISTRATION
Children with Minimal Brain Dysfunction (MBD) 6 years and over: 5 mg before breakfast and lunch with gradual increase to 10 mg twice daily, if needed. If improvement is not observed over a 2-week period, the drug should be discontinued. **ADVERSE REACTIONS**
In children, loss of appetite, abdominal pain, weight loss during prolonged therapy, insomnia, and tachycardia may occur. More frequently, however, any of the above adverse reactions listed above may also occur.

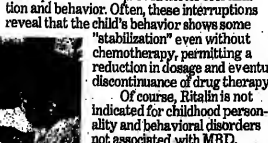
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Ritalin...of proven value when used as part of a complete therapeutic and remedial program.

More than a decade of clinical experience shows that Ritalin helps improve ratings of behavior, attentiveness, performance IQ, motor control, and speech productivity in children with Minimal Brain Dysfunction (MBD).

Currently a drug of choice in many MBD situations, Ritalin can play an important part in the total rehabilitation program of the MBD child. And proper management is essential to the overall (educational, social, and emotional) development of the child's potential.

Dosage should be periodically interrupted in the presence of improved motor coordination and behavior. Often, these interruptions reveal that the child's behavior shows some "stabilization" even without chemotherapy, permitting a reduction in dosage and eventual discontinuance of drug therapy.



Of course, Ritalin is not indicated for childhood personality and behavioral disorders not associated with MBD.

Ritalin® (methylphenidate)
ONLY WHEN MEDICATION IS INDICATED

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One Man...and Medicine

ARTHUR M. SACKLER, M.D.
International Publisher, Medical Tribune



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"We should make better use of foreign data. There is no need to repeat animal experiments; to go on endlessly to country after country."

He said a new drug cannot be tested properly before marketing. "Before usually working on homogeneous populations, often in-patients, with a minimum of other drugs in the act, only when the drug is released it is suddenly used by non-experts in a heterogeneous population, often in out-

patients with other drugs in the act." He stressed the need to formalize post-marketing surveillance. "If we can guarantee post-marketing surveillance of high quality, then we can argue quite rationally for a speedier approval of drugs." He also argued that drug education is inadequate. "I find that our patients in Rochester are quite interested in getting information on drugs from either the doctor or pharmacist, or from labels or specific inserts for patients."

Dr. Lasagna said drug information should be declassified and the declassifying process on approvals agreed to scrutiny.

"In the United States, one of the big troubles for most of us is that the interaction between industrial sponsors and the federal bureaucrats goes on behind closed doors. We hear from one side or the other about deficiencies on the other side, but it is impossible for us to make any judgments as to whether the bureaucrats are right and the industrialist wrong, or vice versa."

The Right to Prescribe

Since doctors are morally and legally responsible for any prescriptions they write for patients, they should have unfettered rights to prescribe drugs of their choice, said Dr. Bette Stephenson, Toronto, president of the Canadian Medical Association, and a general practitioner in a Toronto suburb.

Dr. Stephenson said family physicians in Canada write two-thirds of all prescriptions and only a minority are prescribed in an irresponsible way. She called for surveillance by provincial licensing bodies of all physicians suspected of this practice and for strict disciplinary measures where it is proven.

Medicine on Stamps

Hammurabi



Probably the earliest record of earl therapeutics is to be found in the Babylonian Code of Hammurabi (ca 1900 B.C.) in which there are indications of legal establishment of fees and of punishment for mistreatment or failure to cure. For example, for the successful removal of an abscess the doctor was paid 10 shekels of silver. If he destroyed the eye during the operation he could lose his fingers.

Text: Dr. Joseph R. Stamp; Art: John Publications, Inc., New York

Ritalin (methylphenidate)

INDICATIONS
Minimal Brain Dysfunction in children—adjuvant therapy to allow normal measures (psychological, educational, social).
Specific diagnosis of Minimal Brain Dysfunction (MBD) is unknown, and there is no simple diagnostic test. Assessment

diagnostic requires the use not only of medical but of special psychological, characteristics commonly reported in children with MBD. These include: hyperactivity, impulsivity, distractibility, emotional lability, hyperactivity, and moderate to severe impairment of attention. The diagnosis of MBD must be based upon a complete history and evaluation of the child and not solely on the presence of one or more of these characteristics.

Drug treatment is not indicated for all children with MBD. Stimulants are not indicated for use in the child who has a history of convulsions, severe psychiatric disorders, or primary psychiatric disorders. In children, therefore, appropriate educational placement is generally necessary. When medical measures alone are insufficient, the decision to prescribe stimulant medication will depend upon the physician's assessment of the child's and severity of the child's symptoms.

CONTRAINDICATIONS
Hypertension, tachycardia, and agitation. Since Ritalin may aggravate these symptoms, it is contraindicated in patients known to be hypertensive or in patients with glaucoma.
WARNINGS
Ritalin should not be used in children under six years, since safety and efficacy of this age group have not been established. Ritalin in children with long-term use may delay or mask the onset of a seizure disorder. Ritalin in children with minimal brain dysfunction are not

available. Although a causal relationship has not been established, suppression of growth (i.e., weight gain or height) has been reported with long-term use of stimulants in children. Ritalin should not be used for the prevention of normal fatigue or for the prevention of fatigue. Ritalin may lower the convulsive threshold in patients with a history of seizures, with or without prior EEG abnormalities. Ritalin should not be used in patients with a history of seizures. Safe concomitant use of anticonvulsants and Ritalin has not been established. If seizures occur, Ritalin should be discontinued.

Use cautiously in patients with hypertension. Blood pressure should be monitored at appropriate intervals in all patients taking Ritalin, especially those with hypertension.

Ritalin may decrease the hypotensive effect of guanethidine. Use cautiously with pressor agents and MAO inhibitors. Ritalin may inhibit the metabolism of certain anticonvulsants, anticonvulsants, (phenytoin, diphenhydramine, trimethoprim, pyrimethamine, and cyclosporin). Downward dosage adjustment of these drugs may be required. Use with caution with Ritalin.

Warnings in Pregnancy
Ritalin is not recommended for use to establish safe use of Ritalin during pregnancy have been reported. Therefore, until more information is available, Ritalin should not be prescribed for women of childbearing age who are or may become pregnant. If the patient becomes pregnant while taking Ritalin, the potential benefits outweighing the possible risks.

Drug Dependence
Ritalin should be given cautiously to emotionally unstable patients such as those with a history of drug dependence or alcoholism. In such patients, such patients may increase dosage on their own initiative. Ritalin is not recommended for use in patients with dependence with varying degrees of alcoholism. Ritalin should not be used in patients with dependence with varying degrees of alcoholism. Ritalin should not be used in patients with dependence with varying degrees of alcoholism. Ritalin should not be used in patients with dependence with varying degrees of alcoholism.

PRECAUTIONS
Patients with an element of agitation may react adversely to discontinuation of therapy. Periodic CBC, differential, and platelet counts are advised during prolonged therapy.

ADVERSE REACTIONS
Nervousness and insomnia are the most commonly adverse reactions and are usually controlled by reducing dosage and scheduling the drug at the appropriate time. Other reactions include: hyperactivity, irritability, anorexia, weight loss, tics, tremor, headache, dizziness, nausea, vomiting, constipation, dry mouth, drowsiness, fatigue, and decreased appetite. In some cases, these reactions may be severe. In some cases, these reactions may be severe. In some cases, these reactions may be severe.

DOSEAGE AND ADMINISTRATION
Children with Minimal Brain Dysfunction (6 years and over):
Start with small doses (e.g., 5 mg before breakfast and lunch) with gradual increments of 5 to 10 mg weekly. Daily dosage above 60 mg is not recommended. It is important to not observe other appropriate dosage adjustment over a 2-week period. Ritalin should be discontinued if necessary.

HOW SUPPLIED
Ritalin, 20 mg (each score), bottles of 100, 500, and 1000.
Ritalin, 10 mg (each score), bottles of 100, 500, and 1000.
Ritalin, 5 mg (each yellow), bottles of 100, 500, and 1000.

Obtain complete product literature before prescribing.

References: (1) Kandel M, Arch Gen Psychiatry 30:100-108 (1971). (2) Kandel M, Arch Gen Psychiatry 30:100-108 (1971). (3) Kandel M, Arch Gen Psychiatry 30:100-108 (1971). (4) Kandel M, Arch Gen Psychiatry 30:100-108 (1971). (5) Kandel M, Arch Gen Psychiatry 30:100-108 (1971). (6) Kandel M, Arch Gen Psychiatry 30:100-108 (1971). (7) Kandel M, Arch Gen Psychiatry 30:100-108 (1971). (8) Kandel M, Arch Gen Psychiatry 30:100-108 (1971). (9) Kandel M, Arch Gen Psychiatry 30:100-108 (1971). (10) Kandel M, Arch Gen Psychiatry 30:100-108 (1971).

CIBA Pharmaceutical Company
Division of Ciba-Geigy Corporation
Summit, New Jersey 07901

Ritalin (methylphenidate)
ONLY WHEN MEDICATION IS INDICATED

C I B A



May enhance other remedial efforts in treating MBD

ONLY WHEN MEDICATION IS INDICATED

Ritalin (methylphenidate)

Ritalin...of proven value when used as part of a complete therapeutic and remedial MBD program.

More than a decade of clinical experience shows that Ritalin helps improve ratings of behavior, attentiveness, performance IQ, motor control, and speech productivity in children with Minimal Brain Dysfunction (MBD).

Currently a drug of choice in many MBD situations, Ritalin can play an important part in the total rehabilitation program of the MBD child. And proper management is essential to the overall (educational, social, and emotional) development of the child's potential.

Dosage should be periodically interrupted in the presence of improved motor coordination and behavior. Often, these interruptions reveal that the child's behavior shows some "stabilization" even without chemotherapy, permitting a reduction in dosage and eventual discontinuance of drug therapy.

Of course, Ritalin is not indicated for childhood disorders not associated with MBD.

'Doctors Often to Blame'**Timely Action Urged in Tay-Sachs Pregnancy**

BY MICHAEL HERRINO

Medical Tribune Staff

BROOKLYN—"Doctors are often to blame when Tay-Sachs disease is not detected by amniocentesis between the 16th and 22nd weeks of a woman's pregnancy, in time for therapeutic abortion if necessary," Dr. Bruce Volk, director of the Isaac Albert Research Institute of Kingsbrook Jewish Medical Center and Clinical Professor of Pathology, State University of New York, Downstate Medical Center, told MEDICAL TRIBUNE.

Adequate screening of persons of child-bearing age for Tay-Sachs carriers is presently the only way to prevent this incurable, autosomal recessive disease, he said, but it is wholly preventable if doctors are aware of the importance of early prenatal diagnosis.

A Sphingolipidosis Ward

Kingsbrook is still conducting mass screening programs of college students at risk and members of various Jewish organizations in the New York metropolitan area, running the world's only maintenance ward for patients with sphingolipidosis, and continuing its basic research in enzyme-deficiency diseases, despite severe losses in financial support, Dr. Volk reported.

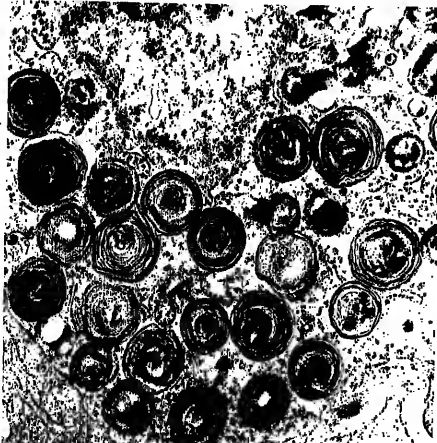
"We lost support from N.I.H. during the Johnson Administration, and this year the Tay-Sachs Foundation has cut its grant by 60 per cent. So we've felt the pinch as badly as everybody else," he said.

Although a "cure" of Tay-Sachs is a long way off in his opinion, Dr. Volk said that a good possibility for it may lie in experiments such as those underway at Kingsbrook with purified hexosaminidase A (Hex A). Lack of this enzyme in the amniotic fluid and cells aspirated from the fetus by amniocentesis is a sign that it has Tay-Sachs disease and should cause the parents to strongly consider a therapeutic abortion, he stated. "In some of our experiments, fetal nerve tissue from these abortions was used to see if the missing enzyme Hex A can enter the cells and thereby prevent Tay-Sachs."

Animal Models Studied

In the event that this proves feasible, he added, investigators at Kingsbrook are also studying animal models that may be the counterpart of the gangliosidosis of Tay-Sachs in man, to determine whether replacement of a missing enzyme (not necessarily Hex A) can prevent the disease. "Tay-Sachs in man is caused by the neuronal degeneration of the central nervous system because of progressive intracellular accumulations of excessive amounts of the sphingolipid known as ganglioside G_{M2} . So far we believe that our animal models have a G_{M2} gangliosidosis, a relative of the G_{M2} gangliosidosis in Tay-Sachs, so we don't know how far to extrapolate these findings to the human situation," Dr. Volk said.

"The most important phase of our research to date is still mass screening. The patients of highest risk are Jewish couples when both individuals are of Eastern European origin. If both of these prove to be Tay-Sachs carriers,



Electron micrograph of portion of "ballooned-out" neuron, showing deposited ganglioside in the form of concentric membranous bodies. Lack of isoenzyme hexosaminidase A results in the accumulation.

one child in four could be born with the disease.

"With amniocentesis, we can accurately predict which one of our four is afflicted before it is born. We can also help the woman who has already endured the experience of a previous severe anxiety that she will have another. When we assure these women that they can have a healthy baby without fear, the relief for them is sometimes unbelievable.

"The birth of a Tay-Sachs child can traumatize an entire family for life," Dr. Volk said. "In addition to the nightmarish experience of watching a healthy-looking infant slowly turn into a vegetable and 'black out,' the expense of caring for a Tay-Sachs patient is a financial sacrifice of the first order—as much as \$50,000 a year for the constant care required. So even

though the overall risk may be small, Tay-Sachs is an overwhelming burden when it occurs. And the chances of this are 100 times as great for Ashkenazi Jews than other Jewish and non-Jewish populations," Dr. Volk explained.

Glycolipids Not Metabolized

"We've already learned that in Tay-Sachs, certain glycolipids are not metabolized due to the lack of Hex A. These substances accumulate in the gangliosides, causing them to 'balloon out' and produce within three to five years psychomotor degeneration characteristic of the disease," he said.

"As many as one out of every 30 Ashkenazi Jews in the United States may be heterozygous for the defect," Kingsbrook, he pointed out, has been active in securing legislation in the city council to see that a pamphlet on Tay-



"Ballooned-out" ganglial cells of the frontal lobe of Tay-Sachs infant show effect of excess amounts of ganglioside G_{M2} . Granuloid accumulation of ganglioside eventually leads to neuronal degeneration of C.N.S.

Sachs is available at all marriage license bureaus in the city.

"The real responsibility for early detection, Dr. Volk maintained, is on all practicing physicians.

"Until we find a cure, mass screening of high-risk sectors of the population and newborn screening of suspected pregnancies, are the only means we have of dealing with Tay-Sachs, and the only hope for learning more about it," Dr. Volk concluded.

"The explosion of knowledge about the sphingolipidosis in the past ten years has meant remarkable progress in identifying the genetic factors involved.

"With continuing educational programs and publications, we hope to increase medical understanding and awareness of Tay-Sachs disease. I think this is essential to our overall success."



Kingsbrook's special 16-bed ward is said to be the only maintenance ward for patients with Tay-Sachs and other sphingolipidosis in the world.

16-OH Steroids in Low-Renin Hypertension

Medical Tribune World Service

MEXICO CITY—A significant role for the 16-hydroxylated compounds in low-renin essential hypertension was suggested here by two teams of U.S. investigators at the Fourth International Congress on Hormonal Steroids.

One group found what was described by Dr. James Melby, Professor of Medicine at Boston University, as a "unique steroid structure and a unique steroid effect." This compound, reported for the first time, was identified by Dr. Sidney L. Dale as 16 alpha, 18-dihydroxy-DOC. Conversion of labeled 18-OH-DOC to the new structure was shown to be greatly accelerated by the adrenal tissue in patients with low-renin essential hypertension. It was found to be secreted in superabundance in this condition.

"Twenty per cent of all hypertensive patients in the United States have low plasma-renin activity," Dr. Melby said, "and findings in them are remarkably similar to those in patients with primary aldosteronism. Knowing, however, that only 1 to 2 per cent actually have primary aldosteronism, we looked for a different steroid structure."

Steroid Antagonists Suggested

Four such patients showed excess 16 alpha, 18-dihydroxy-DOC—which made the investigators think that it could be important in the genesis of suppressed renin in a certain proportion of patients with hypertension because of the unique activity of this steroid, which appears to function as a cooperative or positive allosteric effector of aldosterone. This was thought to be one of the first demonstrations of such an effect.

Clinically, the interpretation of the finding was that in a significant percentage of patients having normal steroid secretion, treatment would be more specific with use of steroid antagonists.

Another new 16-hydroxylated steroid, also excreted in excess in patients

with low-renin essential hypertension, discovered by a group from Vanderbilt University, was described by Dr. Grant Likhit, Professor of Medicine.

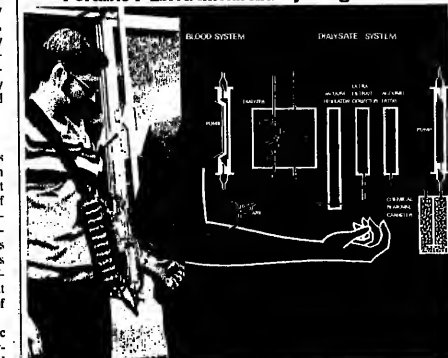
"Patients with low-renin essential hypertension have certain features consistent with excessive mineralocorticoid activity," he explained, "and because known mineralocorticoids are normal in most of those patients, we tried to find an explanation for such activity."

Using adrenalecctionized rats to assay mineralocorticoids, urine extracts from patients with this disorder were found to contain more mineralocorticoid activity than could be accounted for by the known examples contained in the extract.

The unknown substance causing this

unexplained activity was purified and was identified by mass spectral analysis as 16 beta-hydroxydihydrocorticosterone t16 beta-OH-DHEA. That this steroid is in fact a mineralocorticoid was confirmed by demonstrating that synthetic 16 beta-OH-DHEA has a sodium-retaining capacity one-fourth that of aldosterone.

Dr. Liddle found 24-hour urinary excretion of the new mineralocorticoid to be above the normal range in 15 patients with low-renin essential hypertension and in no patients with hypertension who had normally responsive plasma-renin activity. The interpretation of this phenomenon was that 16 beta-OH-DHEA could be a cause of low-renin essential hypertension.

Portable 7-Lb. Artificial Kidney Being Tested

A portable 7-pound artificial kidney is being tested by University of Utah scientists. A patient on this kidney undergoes two hours of dialysis daily. This maintains an even chemical balance in the blood and prevents a waste-product buildup. The patient must also spend one hour with the unit hooked to a 20-Lb. tank for the removal of urea.

Corticosteroid Prophylaxis Aids Prematures

Medical Tribune World Service

BERLIN—Corticosteroid management during the 32nd week of pregnancy or later has been found to reduce the incidence of hyaline membrane disease considerably in premature infants, Dr. H. Eckert, of Frankfurt University Women's Clinic, told the Seventh German Perinatal Medicine Congress here.

One significant observation, the investigator said, was that corticosteroids specifically bring about an increase in surfactant phospholipid content.

The prophylactic effect of corticosteroids relative to lung maturity in premature infants is more significant for hyaline membrane disease morbidity than mortality, Dr. Eckert said. In all single births born in the 15 months prior to adoption of corticosteroids at the Frankfurt clinic, the incidence of hyaline membrane disease was classified retrospectively as a function of gestational age and weight at birth.

Before the thirty-second week of pregnancy, incidence was 64 per cent; during the thirty-second to thirty-sixth

weeks inclusive 30 per cent; and after the thirty-sixth week only 0.5 per cent.

Corticosteroid prophylaxis for pregnant women with premature pangs during the latter half of pregnancy, Dr. Eckert said, consists of intravenous administration of 60 mg. 16-methylprednisolone on each of at least three consecutive days. Prior to therapy, amniocentesis is performed to determine the stage of development.

Significant Rise in Lecithin

Dr. Eckert's group has obtained lecithin and creatinine charts and clinical analyses of fetuses after corticosteroid prophylaxis in 42 pregnant women compared with 30 unmanaged controls.

While creatinine did not react precisely with 16-methylprednisolone stimulation, there was a significant rise in lecithin as a determinant surfactant parameter after three days of corticosteroid management, the investigator said. The more advanced the pregnancy the more pronounced this rise in lecithin level became. Before the thirty-second week of pregnancy none

was observed, from the thirty-second through thirty-sixth weeks it came to 40 per cent and after that to 56 per cent. No rise in lecithin was recorded in the unmanaged controls.

The stimulant effect of corticosteroid on lecithin synthesis was confirmed by animal tests both in vivo and in vitro. Dr. Eckert described 26 premature births delivered after corticosteroid prophylaxis during the thirty-first through thirty-seventh weeks of pregnancy. The mothers had been given 60 mg. 16-methylprednisolone at least 24 hours and not more than seven days before the delivery. Three premature, two of them before the thirty-second week of pregnancy, developed a typical membrane syndrome despite prophylaxis; in three other premature previously unobserved form of the membrane syndrome was noted, which was distinguished clinically by its short and comparatively mild course, though exhibiting typical pO_2 and pCO_2 alterations. These modified, fairly mild forms seemed generally more frequent after corticosteroid management, Dr. Eckert said.

Incidence 30% in Controls

One other child, delivered at a weight of 1300 grams during the thirty-third week of pregnancy, survived with a modified form of hyaline membrane disease. In the control group without management, adjusted to age, the incidence of hyaline membrane disease was 30 per cent.

Coauthors were R. Gerner, E. Halberstadt and V. Loewenich.

IMMATERIA MEDICA**The Western Slope**

● Dr. Harold Zimmerman of Laramie, Wyo., was taken by the ending of a piece in *Cutis*:

"When the older physician saw this patient, he made the diagnosis within seconds; the younger physicians were completely ignorant of both Dr. Meleony or the cause for the ulceration. 'Sic gloria transit!'"

He feels the Latin is putting the cart before the horse. We figure Gloria was sick but had to travel.

● "In comparing a six month duty tour of mainland China during 1945 to a recent one-month visit in 1973 is about as parallelistic as an over-laden cesspool is to a Palm Springs condominium."

Utah Medical Bulletin
Some of those Palm Springs condominiums are getting awfully parallelistic, we understand.

Once again: contributions to *Immateria Medica* are welcome. Send in the best anecdote you heard at a meeting.



Good fluid balance.
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